



Power Athletics Competition Team Attendance Policy

Power Athletics Cheerleading

Date of Next Review: May 2024

Reviewed by: Senga-Marie Roberts on 07/05/2023

For our competition teams to be successful we have an attendance policy which all athletes must follow when joining a competition team.

Due to the nature of the sport, ALL athletes are essential for the team to have a productive session, so ALL athletes must commit to 100% attendance. We understand that sometimes an athlete may be ill or unable to attend a class and we have a detailed plan below of what is an acceptable and not acceptable excuse for absence. Please make sure you are familiar with this policy and procedure before attending a team placement.

This policy is in place to protect all athletes' training time and make sure our teams can be successful not just in competitions but in upholding our core values.

ILLNESS

If an athlete is unwell and unable to make a team session we require to know on the morning of training; however, we would prefer to know as soon as it becomes apparent the athlete is unable to attend. If it is a mild illness and not contagious, we ask that an athlete still come to training and just sit out and watch to ensure they pick up any changes that are made. If they are unable to come in, we still may require them to attend virtually via Zoom.

EXCUSABLE REASONS FOR ABSENCE

Below is a table showing reasons that coaches will accept for an athlete unable to attend training and ones that are classed as not excusable.

| EXCUSABLE | NOT EXCUSABLE |
|--|---|
| Pre-booked holiday – Must be declared before Team Placements. | No lift to training |
| Graded school event | Athlete being grounded |
| Educational Trips (no more than 1 week) | Revision or Homework (Please bring to training – you can do it in training breaks) |
| Religious events – Not including fasting – we will ensure the athlete is not partaking in extreme physical exercise during this time but will be required to mark. | Birthdays/Parties |
| Family Bereavement | Non-graded school events. |
| | Injury – Please come and watch sessions |

To be excused from practice your team coach must be notified in writing (you can email enquiries.powerathletics@gmail.com) no later than 2 weeks prior to the absence. They will confirm to whether you have been excused or not. If possible, during any absences athletes may be required to attend training virtually via Zoom.

RED ZONE FOR ATTENDANCE

Please note that the 2 weeks prior to any event or competition no absences will be excused. We require 100% attendance during these weeks.

REPEATED ABSENCES

If an athlete has an absence that is not excusable or has not been prior arranged with the team coach, this includes if we are not notified in time the athlete will be given a strike. Once an athlete has 3 strikes, they will be placed on a reserve list for their team until attendance has improved. This may mean they miss the next competition or loose their current place on the team.

If your athlete is missing a large amount of training even if they are excusable absences, you may need to have a discussion with your coach about how we can help improve this so the team is not being affected.

Please note: We do not refund for any competition sessions missed or competition fees if your athlete has to miss a competition due to absences.